

Marina Christopher's – Plants for Bees & other insects

Aster 'Little Carlow'

Achilleas – any

Solidago virgaurea - care needed as invasive

S. rugose – good late clump former – non-invasive

S. speciose – clump former

Rudbeckia laciniata 'Herbstonne'

Eupatorium cannabinum – native Hemp Agrimony

E. maculatum – Joe Pye Weed

Salvia verticillata

Geranium 'Rozanne'

Persicaria amplexicaule 'Firedance', pink and white varieties, 'Fat Domino' & 'Blackfield' – all good for late summer

Vernonia crinita

Phlox paniculata

Silphium perfoliatum

Apiaceae – all the umbellifers good for flies and beetles

Astrantia 'Roma' – is sterile so does not self seed

Allium sphaerocephalum

Allium 'Summer Beauty'

Actaea simplex & Cvs

Colchicum

Crocus – autumn flowering species

Succicia pratensis – Devil's Bit Scabious

Scabiosa columbaria var. ochroleuca – cream flowers

Scutellaria incana – late summer flowering Skull Cap

Verbena hastata

Verbena macdougallii

Veronicastrum – many cultivars